# Whispers Along Bannon Creek

## Spirits, Demons & A Haunted House

By Paul Dale Roberts, Halo Paranormal Investigations

Just off Millview Court in Sacramento lies a modest home that sits beside Bannon Creek — a place long whispered about for its restless spirits. Locals say people have died along its banks, and its reputation as a haunted waterway is as much a part of the neighborhood as the creek itself.

On May 20, 2023, Halo Paranormal Investigations assembled to explore both the house and the infamous creek, hoping to uncover what lingers there.

### The Team

Our group for the evening included myself and psychic medium Deanna Jaxine Stinson. With us were documentarian Xandean Smith, guest investigators Amber Semona and Brandon Cleveland from Paranormal Real Estate, and fellow investigator Yvonne Baker. The home's occupant, Catherine Marie DeFazio, also joined the investigation.

### Spirits of the Creek

According to Catherine, three distinct entities haunt the creek:

- The Hunchback Tool Ghost — A man with a hunchback, always carrying tools.
- The Navajo Woman — A female spirit of Navajo origin who lingers near the water.
- The Farmer — A man in old-fashioned farm clothes.

The area is also dotted with homeless encampments. Strikingly, everyone we spoke with from these camps claimed to have experienced something paranormal along the creek.

The night before our official investigation, Deanna and I drove by the property. She immediately sensed the hunchbacked man's presence and heard a strange clicking sound. Catherine later confirmed that those clicks are frequently heard from the nearby woods.

**Bannon Creek has a dark legacy, where whispers of death and lingering spirits make the waterway feel less like a natural feature and more like a haunted threshold.**

### Encounters and Evidence

During the investigation, one homeless man described a yellow ball of light that floats around the bridge and creek. He also warned us of a demon in the woods — red-haired, about 5'6", and perpetually enraged.

At the spot associated with the Navajo Woman, we recorded an EVP of a female voice saying, "Hello." Brandon captured another EVP of a voice saying, "Hi." In another location, we picked up a recording that resembled the growl of a mountain lion. Historically, this was cougar territory, which raises the question: Had we captured the sound of a ghostly puma?

Amber, sensitive to spiritual energy, suddenly felt her heart race violently in one area. Overcome, she had to step away, convinced that someone had died there. A homeless man confirmed her impressions, claiming he had seen a demon in that same spot.

**Beyond the Creek**

The hauntings extend beyond Bannon Creek. Catherine's friend, who requested anonymity, described a female spirit in the open fields behind Cal Expo. The ghost radiates such intense anger that when the friend's wife encountered her, she broke down crying.

The same field is also home to the ominously named "Torture Trees." Visitors report oppressive energy, ghostly children's laughter when no children are present, and apparitions of groups of people staring silently before vanishing.

Disembodied voices, arguments, and screams echo across the field, though no living souls are there. Some witnesses even claim the ground itself seems to pulse with residual energy, as though the land still remembers the pain and terror once inflicted there.

**Closing Thoughts**

Our evening ended with Catherine's generous hospitality: a spread of crackers, cheese, salami, blueberries, strawberries, chips, and sodas. Her warmth contrasted sharply with the chilling stories and strange evidence we collected.

The investigation left us convinced that Bannon Creek, with its history of death and sightings, truly earns its haunted reputation — and that the house beside it has become part of that story. ◆

**The HPI team brought a mix of perspectives — from psychic sensitivity to documentary precision — ensuring that both the emotional and evidential layers of the night were captured. Each investigator contributed unique impressions, whether sensing presences, recording EVPs, or corroborating local lore with firsthand experiences.**

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